



**2009 - 2010
AMERICAN CHEER POWER
ALL-STAR CHEER TEAM AGE DIVISIONS**



The divisions listed below will be split into "Small" (5-20) and "Large" (21-36) if there will be at least 2 teams in each of the "Small" and "Large" divisions.

LEVEL 1				USASF / IASF DIVISION GUIDELINES
Tiny				<p>The age of the competitor as of August 31, 2009 will be the age used for competition purposes throughout the 2009-2010 season for all divisions. Exception: The cut-off date for the maximum age of the Senior Teams (18) will remain May 31, 2009 for the 09-10 season. For the 2010-2011 competition season, it will change to August 31. The maximum size for a team is 36 competitors on the floor for the 2009-2010 season, unless otherwise noted on the age grid.</p> <p>WHEN TO SPLIT DIVISIONS:</p> <p>Small / Large Splits Event producers <u>will</u> split divisions into "Small" and "Large" divisions when there are at least two teams that will ultimately be registered in each respective division. The designation of "Small" and "Large" divisions must follow the team sizes: Small = 5 - 20 members / Large = 21 - 36 members.</p> <p>A / B Splits If after splitting divisions into "Small" and "Large" there are 10 or more teams in the "Small" or "Large" division, then event producers may split that division further by squad size or into "Small Gym" divisions. If splitting further by size, then event producers must use a name such as "Division I", "Division II" or "Division A", "Division B" to denote the split and must clearly define the number of competitors permitted on the team for each of these particular divisions. If splitting into a "Small Gym" division, then the definition of a "Small Gym" must be followed. A "Small Gym" is defined as having one physical address for it's location and has 75 or less athletes registered in its competitive cheer program at the time of competition. Exhibition teams, crossover athletes, special needs teams and dance teams do not count toward the 75 or less athletes. No division may be subdivided further from the "Small" (5-20) and "Large" (21-36) classification if it means that only one team will be left in a division.</p> <p>Co-Ed Splits Senior Open may be split into Senior Open and Senior Open Limited Co-Ed when there are at least two teams that will ultimately be registered in each respective division. Senior Level 4.2 May be split into Senior Level 4.2 and Senior Co-Ed Level 4.2 when there are at least two teams that will ultimately be registered in each respective division. For Junior Co-Ed Levels 3, 4 & 5, if there is only one co-ed competing in a respective level, then that level must be combined into one Junior Division (i.e. Four Junior Level 3 teams and one Junior Co-Ed Level 3 team = 5 Junior Level teams for competition). If the Junior teams were split into Small and Large, then the Co-Ed team must be placed with the teams closest to its size.</p> <p>Senior Open Splits Event producers will split these divisions into Small Senior Open and Large Senior and/or Senior Open and Senior Open Limited Co-Ed when there are at least two teams that will ultimately be registered in each respective division.</p> <p>Worlds Splits Event producers may also, at their discretion, split divisions into "Worlds Qualifying" and "Non-Worlds" qualifying divisions as long as the levels, age and female/male restrictions designated above remain the same for each division.</p> <p>Teams from the same gym will not have to compete against themselves if they have a "Small" and "Large" team in the same division (i.e. Small Junior Level 2 and Large Junior Level 2). A mandatory split in the division would occur in this situation, even if it means that a division is left with only one team performing.</p> <p>CROSSOVERS An individual will not be permitted to crossover from one program to another within the same event (Exception: International Open may crossover with non-International Open or Open Level 6 may crossover with non-Open Level 6)</p> <p>*SENIOR OPEN LEVEL 5 DIVISION RESTRICTIONS The Senior Open Level 5 division is open to all female (0 males) or female/male (limit 1-4 males) teams with participants 18 yrs and younger and the team size limit of 5-36 members.</p> <p>The following skill restrictions apply for Senior Open Level 5: In tumbling, only single twisting skills are allowed. During a full-twisting tumbling skill, no trick other than the twist is allowed. (i.e. including but not limited to: split fulls, hitch kick fulls, X-Fulls, Full-Xouts, etc.)<i>and both feet must land and finish on the performing surface. (i.e. no full twisting rumbling to the seat, prone body landings or similar).</i></p> <p>Senior Open Level 5 and Senior Level 5 divisions may not be combined into one division.</p> <p>*For all USASF Safety Guidelines and Ability Levels, please visit: www.usasf.net</p>
Tiny	5 yrs and younger	Female / Male	5 - 36 members	
Mini				
Mini	8 yrs and younger	Female / Male	5 - 36 members	
Youth				
Youth	11 yrs and younger	Female / Male	5 - 36 members	
Junior				
Junior	14 yrs and younger	Female / Male	5 - 36 members	
Senior				
Senior	18 yrs and younger	Female / Male	5 - 36 members	
LEVEL 2				
Mini				
Mini	8 yrs and younger	Female / Male	5 - 36 members	
Youth				
Youth	11 yrs and younger	Female / Male	5 - 36 members	
Junior				
Junior	14 yrs and younger	Female / Male	5 - 36 members	
Senior				
Senior	18 yrs and younger	Female / Male	5 - 36 members	
LEVEL 3				
Mini				
Mini	8 yrs and younger	Female / Male	5 - 36 members	
Youth				
Youth	11 yrs and younger	Female / Male	5 - 36 members	
Junior				
Junior	14 yrs and younger	No Males	5 - 36 members	
Junior Coed	14 yrs and younger	1 or More Males	5 - 36 members	
Senior				
Senior	18 yrs and younger	No Males	5 - 36 members	
Senior Coed	18 yrs and younger	1 or More Males	5 - 36 members	
LEVEL 4.2				
Senior				
Senior	18 yrs and younger	Female / Male	5 - 36 members	
LEVEL 4				
Youth				
Youth	11 yrs and younger	Female / Male	5 - 36 members	
Junior				
Junior	14 yrs and younger	No Males	5 - 36 members	
Junior Coed	14 yrs and younger	1 or More Males	5 - 36 members	
Senior				
Senior	18 yrs and younger	No Males	5 - 36 members	
Senior Coed	18 yrs and younger	1 or More Males	5 - 36 members	
LEVEL 5				
Youth				
Youth	11 yrs and younger	Female / Male	5 - 36 members	
Junior				
Junior	14 yrs and younger	No Males	5 - 36 members	
Junior Coed	14 yrs and younger	1 or More Males	5 - 36 members	
Senior				
Senior Open*	18 yrs and younger	0 - 4 Males	5 - 36 members	
Senior	12 yrs - 18 yrs	No Males	5 - 36 members	
Senior Limited Coed	12 yrs - 18 yrs	1 - 4 Males	5 - 36 members	
Senior Semi-Limited Coed	12 yrs - 18 yrs	5 - 12 Males	5 - 36 members	
Senior Unlimited Coed	12 yrs - 18 yrs	5 or More Males	5 - 36 members	
International Open				
International Open	14 yrs and older	No Males	5 - 24 members	
International Open Coed	14 yrs and older	1 - 12 Males	5 - 24 members	
LEVEL 6				
Open				
Open	17 yrs and older	No Males	5 - 24 members	
Open Coed	17 yrs and older	1 or More Males	5 - 24 members	
NON-COMPETING TEAMS				
Show / Exhibition Teams	Any Age	Female / Male	5 - no limit Team is not competing. Levels 1 - 5	
Special Athlete Teams	Any Age	Female / Male	5 - no limit Team is not competing. Levels 1 - 5	
Parent Teams	Cheer & Dance	Female / Male	5 - no limit Team is not competing. Levels 1 - 5	